



THE PERFECT 10 DREAM MATRIX

If it were a perfect 10, what would your life actually look like?

Don't write what's realistic. Write the 10. Put it in the cloud, then break it into the four areas underneath — that's where a dream turns into a plan.

MY PERFECT 10

NOW BREAK IT DOWN — WHAT DOES THE 10 LOOK LIKE IN EACH AREA?

HEALTH

FINANCES

HOBBIES

RELATIONSHIPS

The one thing I'll do this week to move toward the 10:
